

VOLUNTEERSPOINT 2.0

ÁGUEDA, PORTUGAL

PSIENTÍFICA

Psientífica - Association for the Promotion and Social Development is a non-profit association that was created by a group of young professionals in the area of Education and Psychology in 2005. Since then it has developed actions, national and international projects and has been part of local, regional and international partnerships in order to promote the social development of their community, most of their youth.

Psientífica believes in a holistic approach towards youth, as our intervention is based on non-formal education (NFE), it helps the development of social and personal competencies that are essential to the exercise of an active and responsible citizenship, capable of social change.



ÁGUEDA

Águeda sustainably consolidates its role as a protagonist in the central region thanks to indicators that contribute to the quality of life of those living here or intending to live.

Equipped with modern cultural and sports facilities, and with a renovated school park, Águeda also has a university campus of excellence, the reason why it is a city where it gives pleasure to live, work and entertain.

The vitality of the social, cultural and sports solidarity communities with its numerous events and inter-associational dynamics are other aspects that stand out Águeda in the regional and national panorama.



**COUNTRIES
INVOLVED**

**AUSTRIA
GERMANY
SPAIN
ITALY**

**PROJECT
DURATION**

19 SEPT - 1 AUG

(including travel days)

OBJECTIVES

1. To promote intercultural dialogue and tolerance in rural communities;
2. To empower young volunteers and support them in the development of new competencies, based on non-formal education;
3. To encourage the volunteer's entrepreneurial and proactive attitude in the community.

VOLUNTEERING ACTIVITIES

1. VolunteersPoint: volunteers will participate and develop activities of Águeda Youth Centre. They will have the opportunity to experience the day-to-day life of an organization and participate in Erasmus+ projects developed by Psientífica.

2. Intercultural School: volunteers will promote sessions about intercultural dialogue and diversity with the support of a school coordinator. These sessions, based on non-formal education methodologies, will promote cultural sharing, reflection on European citizenship and intercultural tolerance. The volunteers will work with young people (13-19) and consolidate non-formal education in school. All schools involved have different social and economic contexts, so young volunteers will have to adapt to different needs and resources.

3. Change Agents: the volunteers will have technical monitoring for the development of entrepreneurship competences. In addition to developing the dynamics to be applied in schools, volunteers will have the opportunity to design and write a project that can be presented in the context of Erasmus+ project and, if wanted, create and implement their own personal projects.

4. Intercultural Holidays: During school holidays, the volunteers will participate in the activities developed by Psientífica and Águeda Youth Centre, as well as other organizations in the region of Águeda interested in their collaboration.

VOLUNTEER PROFILE

- a) Motivated to meet the needs demonstrated by our youth and community, openness to achieve the proposed objectives and the results expected and available to participate in the dissemination and creation of impacts;
- c) Interested in contacting, participating and learning the Portuguese culture;
- d) Motivated and open to establishing an intercultural dialogue in a peripheral and rural environment;
- e) Predisposed to develop competences to transform ideas into actions and to develop activities with young people;
- f) Interested in participating in the development of sessions with other young people of the region to reflect on the concepts and experiences of culture, tolerance and interculturality in Europe;
- g) Registered in the European Solidarity Corps (if not, please, make sure you will be by the time of the interview).



BUDGET

TRAVEL

Austria - 275€
Germany - 360€
Spain - 275€
Italy - 275€

POCKET MONEY

4€ / day

FOOD ALLOWANCE

**160€ /
month**

ACCOMMODATION

Preferably, single rooms.
In case it is not possible,
volunteers will share a
twin room by genders.

LINKS IMPORTANTES

<http://www.erasmusplus.it/wp-content/uploads/2014/11/What-to-expect-from-EVS.pdf>

https://eacea.ec.europa.eu/sites/eacea-site/files/evs-charter-2014_en.pdf