



**PERSONAL PROJECT  
ALEJANDRO ANTÓN PINEDA**

Project **Volunteerspoint 2.0** is supported and financed by the **National Agency Erasmus Juventude em Ação**.



## 1 - Name of the project

*Fogueiras Internas.*

## 2 – Timeline

10-10-2018

*To think in the topic of the project*

15-10-2018

*Start to write the project.*

12-12-2018

*Meeting with Daniel in Centro de Artes de Águeda.*

15-01-2019

*To organize previous event: “Microfone Voador”.*

15-01-2019

*To make the facebook event of “Microfone Voador”.*

25-01-2019

*Performance of the previous event: “Microfone Voador”.*

23-01-2019

*Meeting with Daniel in Centro de Artes de Águeda.*

01-02-2019

*Meeting with Daniel in Centro de Artes de Águeda to choose the poems.*

05-012-2019

*To prepare the space for the activity in CAA.*

06-02-2019

*Implementation of the project.*

07-02-2019

*Finish to write the personal project.*

### **3 - Importance of the project**

This project works in a diverse contexts. Firstly, it is a educative project, because the first session is aimed for the students, who performance the activity, the school is involved. Secondly, it is a art project, because the performance include poetry and plastic arts. Thirdly, it is a comunitary project, because the pre-event is open for everybody who wants to participate it. Giving the opportunity to express themselves and to share art and ideas. Finally, it is a psychology project, because the emotional expression have a important role in this activity. In the session, we will collectively draw how people is feeling with the poetry. We will be able to explore the common imaginary of the group.

### **4 – Stakeholders**

**ANE+ Juventude em acção:** This organization is the financial promoter of every activity during the volunteering.

**Centro de Juventude de Agueda:** Like a volunteer of this organization, they support me in all the process of the creation of this activity. Also, they put me in contact with the other stakeholders and go along with me during the proposal.

**Centro de Artes de Águeda:** The activity will be implemented in the Centro de Artes de Águeda. They have a huge role in this project. They are giving us the space to perform the activity and also they are the responsible about the dissemination of the project.

**Porta Aberta:** The previous event of this project is in the café Porta Aberta.

## 5 - Context

The project was implemented in the Centro de Artes de Águeda, during a exposition art serie with the title “Desenho com Pensamento” in the exposition “WHAT DO YOU THINK YOU’RE DRAWING” of the author Antonio Olaio. Following this topic, our activity takes the poetry and the plastic arts as creative impulse of thinking and drawing. The thinking is materialised into poetry what inspires the drawing act. But we used other artistic resources like music or tells during the session.

The idea is inspired it in the valencian artistic movement *Spoken Draws*. This artistic movement it was created from professional poets and professional Illustrators. They make performances, where a poet recite a poetry, meanwhile a illustrator draws what the poet transmit. We asked their if we would can use the concept of the *Spoken Draws* to make our own version.

The performance took place, **six** of *february* at **ten** hours, in the same room, while the art exposition serie is exposed. The session have a maximum of **twenty attendees** and is aimed for the art students of the high school Marques Castilho.

Before that, twenty **five** of *january* at **nineteen** hours, we organized a pre-event in Porta Aberta, to practice and start a art expression movement in Águeda.

The material that we need to make up the activity are:

Poetry reciters.\*

Illustrators.\*

Poetry book.

Microphone.

Microphone speaker.

Markers.

Big white paper.

Big brown paper. (For putting down of the white one and don't dirty the floor)

Pens.

Paper sheet.

Someone to take photos of the performance.

\*The poetry reciters and Illustrators don't have to be professionals, just people who want participate.

## **6 – Global objectives of the project**

- **To create a comfortable space of creative expression.**
- **To promote the will of the art creation.**
- **To have the opportunity to show artistic creations in a public space.**
- **To make a collaborative performance.**
- **To make a collaborative piece of art.**

## **7- Development of the workshop/ each session**

Name of the session: Fogueiras Internas “Microfone Voador”

Timetable for each session: 3h

Strategies:

The first part of the project was a Jam Session of Self-expression. The idea is to start a art movement in Águeda, where people are invited to express their art, feelings, thoughts.

Development of the activities:

This event started with a short presentation about what the activity is. We had a microphone ready for the people who wants to performance something.

The idea is that the microphone flies for all the room and everybody will be able to share whatever they wants.

Name of the session: Fogueiras internas.

Timetable for each session: 1:30h

Strategies:

We will make a poetry book with the title ***Fogueiras internas***. With the local poets who are interested in participate in the project. This poetry book will be guiding thread of the activity, but between poem and poem, the participants have the opportunity to write their name in a paper and be the next to read or to improvise something.

Development of the activities:

The activity start with a short presentation of the project. Continue with a short explanation of the activity and a short explanation of the rules to can recite. After that, the performance starts with the first poem of the poetry book.

We will provide the room, with a big white paper and markers in the floor, where the attendees can draw. Also we will provide the room, with a microphone, where the attendees can recite poetry or to tell tales. And a paper sheet where the participants can write their names to be the next reciter. All the participants have the right to participate in the poetry and in the drawing. They also can share their own poems or tales. Both the microphone and the paper are open to express.

## **8 – Dissemination**

The dissemination of this project have two parts. One of them is online and the other is “face to face”.

The Centro de Artes de Águeda, did quite everything of the dissemination part. They contacted with the classroom of Marques-Castilo and they made the picture for the event.

The online part was a facebook event, to spread it out the pre-event in Porta Aberta. Psíentífica, Porta Aberta and other persons shared the event in the social media.

## 9 – Key competences

Communication in a foreign language:

All the project was redacted in english, besides all the poems of the project are in portuguese. Some of this poems were wrote for myself. To write a poem is a great exercise to improve the language's skills, because the poetry search the beauty through the word. You have to know synonyms and the way to express correctly. It is amazing.

Digital competence:

To make this project up I used some tools in the net. For example, all the project was write on the google drive. Also the poetry was making and kepted in the blog *wordpress*.

Learning to learn:

To make a personal project, is a amazing experience to explore my personal competences. Also, to know where are my limits, my potentialities and which are the things what I need to improve to get my goal on.

Civic competences:

This project have a base of communitary psychology, because it has the intention to involve the community in a space, where is allow, the self expression through the art.

Because of the communitary dimension of this project, I need to be in touch with the community, for organize the dissemination, to invite people to participate. All this process is work of communication and cooperation.

Is the beginning of others projects to work with the community, focussing in the the therapeutic power of the art.

Entrepreneurship

Like a psychologist, this project is kind of practice for my future work. I am so interested and focussed in get develop my psychologist work using the art like a tool.

The chance to elaborate this activity is a step in the stairway of my future ideas and projects.

## Cultural expression

This project is going to be taken out during a exposition serie, called Desenho com Pensamento. Culture is the expression of some people who share some elements. Most of the time, culture is express across the art. To know the art of other artist, also the poetry or the cooperative designs, what we will going to make in this project, for my, it is a way to know the culture of the people.

## 10 – Evaluation

To do the evaluation of the project. We provided each student with a sheet of paper to let it write how it was their personal experience in the activity.

After we took the main words and quotes, to have a general view of the activity.

## 11 – Reflection

The pre-event in Porta Aberta *Fogueiras Internas: Microfone voador* it was a interested experience. First, I have to say thanks to all my comrades volunteers, because they had a amazing participation in the event. Besides, other persons that they were in the bar that night also participated reading and with some performance. In general, people looked happy and the bar it was totally full.

For sure, I miss more participation of the people, I think for a next projects, would be interesting make some activities to involve people in the creation act. Like put some posits in the wall inviting to write something or make a open exposition or create something with the scratch during the event.

The event *Fogueiras Internas* had a amazing reception. The attendance liked very much, they gave a super positive evaluation of the project. Further, I think there are some aspects to improve. One of their is, to have more people to recite and make music. Because it was a little bit confuse for the drawers to have to recite also, and it was some kind of forcing they to do it. For the next time can be better, just leave the drawers paint, free to do what they want. Other point is, to do other dynamics to explore the community creation.

We will improve.



## 12 – Attachments

### FOGUEIRAS INTERNAS: MICROFONE VOADOR

#### FACEBOOK ADD *FOGUEIRAS INTERNAS MICROFONE VOADOR*

**Eventos**

Eventos

Calendario 8

**Fogueiras Internas - Microfone Voador**

Cumpleaños

Sugerencias

Organizados por mí 1

[+ Crear evento](#)



**ENE 25** **Fogueiras Internas - Microfone Voador**  
Público · Organizado por Alejandro Antón Pineda

[Compartir](#) [...](#)

🕒 viernes de 19:00 a 22:00  
dentro de 2 días · 6–18°C Soleado

📍 Porta Aberta Café  
Rua Luís de Camões, 3750 Águeda, Aveiro, Portugal [Mostrar mapa](#)

**Información**      Conversación

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**9 asistirán · 14 interesados**

 [Mensaje](#)

Dimitra, Matteo y 12 personas más asistirán o están interesadas

PICTURES FROM THE EVENT *FOGUEIRAS INTERNAS MICROFONE VOADOR*

25-01-2019



25-01-2019



25-01-2019



25-01-2019



25-01-2019



## VOLUNTARIADO

## Espanhol juntou amantes da poesia e música

□ Freqüentadores do café da baixa foram protagonistas em apontamento cultural

No passado dia 25 de Janeiro, o Porta Aberta Caffé em Águeda teve um "Microfone Voador", para quem quis expressar poesia, contos, musica, reflexões.

Esta acção foi dinamizada por Alejandro Pineda, voluntário espanhol do Centro de Juventude de Águeda que participa no projecto VolunteersPoint 2.0 que é apoiado pela Agência Nacional Erasmus+ Juventude em Acção.

Os frequentadores do café foram as protagonistas deste evento que faz parte do seu projeto pessoal "Fogueiras

Internas", uma obra comunitária, interactiva e colaborativa, onde todas as pessoas são convidadas a participar e compartilhar criações de arte em conjunto ao som de música ao vivo. Desta forma os voluntários do Centro de Juventude de Águeda continuam a agitar a cidade com propostas inovadoras que trazem à cidade uma vivência intercultural e

dinâmica.

**Voluntários estiveram em AEC**

Os voluntários Mathew Collier, de Inglaterra e Dimitra Mouou, da Grécia, participantes do projecto "Águeda Volunteering Land", no Centro de Juventude de Águeda, estiveram, no dia 25 de Janeiro, na actividade de enriquecimento curricular (AEC) Emoção em Acção, com a professora Daniela Martins, na escola Fernando Caldeira do Agrupamento de Escolas de Águeda. A AEC Emoção em Acção, desenvolvida no município pela

Associação Psientífica, que faz parte do plano de Águeda Amiga das Crianças (AEC), que incorpora a Convenção sobre os Direitos das Crianças

ao nível local. Emoção em Acção é uma AEC que promove o desenvolvimento de competências sócio-emocionais em crianças. CF



# FOGUEIRAS INTERNAS

## PICTURES FROM FOGUEIRAS INTERNAS

06-02-2019





06-02-2019



06-02-2019



# Selected Poems and Books

## ILHA: FOGUEIRAS

<i>Author</i>	<i>Book</i>	<i>Poem</i>
Eduardo Galeano	O livro dos abraços	O mundo
Alejandro Antón	Entremanospoesia	Fogueiras internas

## ILHA ARTE

Alejandro Antón	Entremanospoesia	Arte
Alejandro Antón	Entremanospoesia	Autores de papel
Eduardo Galeano	O livro dos abraços	A casa das palavras
Eduardo Galeano	O livro dos abraços	Celebração da fantasia
Eduardo Galeano	O livro dos abraços	A arte para as crianças

## ILHA: EM BUSCA DE MIM

Norberto Cardoso	Debaixo do SOL	Aqui de volta
Norberto Cardoso	Debaixo do SOL	Demoradamente
Norberto Cardos	Debaixo do SOL	Debaixo do SOL
Lígia Velozo	Alquimia dos Poetas	Fresta
António José Forte	Uma Faca nos Dentes	
Herberto Helder	Todos os Poemas	
Al Berto	Diários	
Fernando Pessoa	O Livro do Desassossego	

## ILHA: ABRAÇO

Lígia Velozo	Alquimia dos Poetas	Abraço
Eduardo Galeano	O livro dos abraços	A pequena morte
Eduardo Galeano	O livro dos abraços	O diagnóstico e a terapêutica

## ILHA: VIDA

García Lorca	Antología Poética	Romance Sonámbulo
García Lorca	Antología Poética	A freira gitana
García Lorca	Antología Poética	Romance de la guardia civil

## ILHA: HUMANIDADE

Eduardo Galeano	O livro dos abraços	Profecias
Eduardo Galeano	O livro dos abraços	Os ninguéns
Eduardo Galeano	O livro dos abraços	Os numerinhos e as pessoas

EVALUATION OF THE ACTIVITY







